



# The Surgery Newsletter

## Ramsbury and Wanborough Surgery - Winter 2019

### Primary Care Network

Since 1<sup>st</sup> July 2019 GP Practices have started working together in Primary Care Networks sharing expertise and resources over a wider geographical area. Ramsbury & Wanborough Surgery is part of the East Kennet Primary Care Network along with Kennet & Avon Medical Partnership, Great Bedwyn Surgery and Burbage Surgery. We have now employed a Social Prescriber to work across the network. Social Prescribing seeks to support people's health holistically. Social, occupational, emotional and physical interests are all taken into account. The Social Prescriber will work with you to identify where extra support may help and enable you to feel better. Your GP may refer you to the Social Prescriber or you can self-refer (Please ask at Reception).

### Carers

We are holding a 'Christmas themed' Carers Get Together on Thursday 12th December, 2.00pm to 3.30pm at Ramsbury Surgery. We will be joined by Hayley Wylie from the Falls Clinic at Savernake Hospital. You are more than welcome to bring the person you care for with you to enjoy the afternoon. Mince pies and mulled wine will be available! Please remember unpaid Carers are eligible for a free seasonal flu vaccination; please contact the Surgery to book an appointment.

### Seasonal Flu

All patients aged 65 and over are eligible for a free seasonal flu vaccination along with those patients who fall within an 'At Risk' group. To book an appointment or to check if you are eligible, please contact the Surgery. Child nasal flu vaccinations for those children Aged 2 or 3 on 31<sup>st</sup> August 2019 are available as and when we receive stock. There has been a National issue with supplying the nasal flu vaccinations and we are currently receiving limited stock. We are only able to offer appointments as and when we receive stock.

### Patient Participation Group

Patient Representative Group – we would welcome new members to our group which meets quarterly to discuss Practice related issues, changes ahead and is an opportunity for you to feedback any comments or suggestions to the Practice. Representation from Young People, Young Families and Carers would be welcome to expand our current group. If you are interested in joining the group please contact the Practice Manager, Alison Harrod at [ramsburyreception@nhs.net](mailto:ramsburyreception@nhs.net)

### Social Media

Please follow us at 'Ramsbury and Wanborough Surgery' on Facebook. We aim to provide useful information, support health promotions and raise awareness of the NHS Services via this web interface.

### National Organ Donation – All Change!

From Spring 2020, all adults in England will be considered to have agreed to be an organ and tissue donor when they die unless they record a decision not to donate or are in one of the excluded groups. This is commonly referred to as an 'opt out' system. This means that if you have not confirmed whether you want to be an organ donor – either by recording a decision on the NHS Organ Donor Register or by speaking to friends or family – it will be considered that you agree to donate your organs when you die.

Organ donation remains an act of great generosity. You still have the right to choose whether or not to be an organ donor. Further information and you can confirm your decision via this link:

<https://www.organdonation.nhs.uk/register-your-decision/>

## Christmas!

Leading up to Christmas the Dispensary workload increases. Please can we ask that you allow a couple of extra days when requesting your repeat medication to allow our Dispensers time to fulfil your request. If you have provided us with your mobile telephone number, you will receive a text when your medication is ready for collection. Your cooperation is very much appreciated.



### Christmas Jumpers!



Staff will be participating in "Christmas Jumper Week" by wearing Christmas Jumpers at work and fundraising funds for **Riding for the Disabled Association (RDA)** at Chilton Foliat & **Greatwood** in Marlborough. Both Charities support a huge number of disadvantaged and disabled children, young adults and adults through the use of these beautiful, gentle animals. A collection box will be available at Reception if you wish to donate.



## Christmas Opening Hours

|   |                  |
|---|------------------|
| <b>Ramsbury Surgery</b>                     |                  |
| Monday 23 <sup>rd</sup> December 2019       | 8.30am – 6.30pm  |
| Christmas Eve                               | 8.30am – 6.30pm  |
| <b>Christmas Day</b>                        | <b>CLOSED</b>    |
| <b>Boxing Day</b>                           | <b>CLOSED</b>    |
| Friday 27 <sup>th</sup> December 2019       | 8.30am – 6.30pm  |
| Saturday 28 <sup>th</sup> December 2019     | 8.30am – 11.30am |
| <b>Sunday 29<sup>th</sup> December 2019</b> | <b>CLOSED</b>    |
| Monday 30 <sup>th</sup> December 2019       | 8.30am – 6.30pm  |
| New Years Eve                               | 8.30am – 6.30pm  |
| <b>New Years Day</b>                        | <b>CLOSED</b>    |
| Thursday 2 <sup>nd</sup> January 2020       | 8.30am – 6.30pm  |
| Friday 3 <sup>rd</sup> January 2020         | 8.30am – 6.30pm  |

|   |                                      |
|---|--------------------------------------|
| <b>Wanborough Surgery</b>                   |                                      |
| Monday 23 <sup>rd</sup> December 2019       | 8.30am – 12 noon and 4.15pm - 6.30pm |
| Christmas Eve                               | 8.30am – 12 noon and 4.15pm - 6.30pm |
| <b>Christmas Day</b>                        | <b>CLOSED</b>                        |
| <b>Boxing Day</b>                           | <b>CLOSED</b>                        |
| Friday 27 <sup>th</sup> December 2019       | 8.30am – 12 noon and 4.15pm - 6.30pm |
| Saturday 28 <sup>th</sup> December 2019     | 8.15am – 9.30am                      |
| <b>Sunday 29<sup>th</sup> December 2019</b> | <b>CLOSED</b>                        |
| Monday 30 <sup>th</sup> December 2019       | 8.30am – 12 noon and 4.15pm - 6.30pm |
| New Years Eve                               | 8.30am – 12 noon and 4.15pm - 6.30pm |
| <b>New Years Day</b>                        | <b>CLOSED</b>                        |
| Thursday 2 <sup>nd</sup> January 2020       | 8.30am – 12 noon and 4.15pm - 6.30pm |
| Friday 3 <sup>rd</sup> January 2020         | 8.30am – 12 noon and 4.15pm - 6.30pm |

Please dial the usual Surgery telephone number at all times. When the Surgery is closed, your call will be diverted through to the Out of Hours service.

**Remember to dial 999 in the event of an emergency medical situation**

***"WE WISH ALL OUR PATIENTS A HAPPY CHRISTMAS & A HEALTHY NEW YEAR"***

