



# The Surgery Newsletter



## Ramsbury and Wanborough Surgery - September 2018

### Platinum Award from Wiltshire Investors in Carers GP Accreditation Scheme

We are delighted to say that we have achieved a **Platinum** award for supporting Carer's within the community. This award is in recognition of our services/information provided for our patients who are in an unpaid Carers role. This is an annual award and the first time Platinum level has been awarded. It is a wonderful achievement for the Practice and all the staff.

Our next **Carers Coffee Afternoon** is on **Thursday 20<sup>th</sup> September 2pm** at Ramsbury Surgery. These events are very informal and we always have lovely cakes! Please do consider coming along and joining us.

### New Staff

We are delighted to inform you that we have recruited an additional Treatment Room Nurse. Aldene Fowkes will be joining us in September to start her Practice Nursing career. Aldene is still required to undertake further training to develop her skills within the Practice and this will happen over the next 12 months. I am sure you will all join us in welcoming Aldene to the Practice Team.



### Wanborough Surgery

We are pleased to advise you that from September a Practice Nurse will be running a clinic every Tuesday evening. Anna is able to undertake all aspects of treatment room work along with diabetic reviews and travel vaccines, please note we will be unable to provide blood sampling appointments during this clinic. We hope that these later appointments will be more convenient for some of our patients.

### Patient Information Evening

### DIABETES PREVENTION

We held our first patient information evening in May which was well attended and feedback to date has been positive. Our next patient information evening is scheduled for Tuesday 25<sup>th</sup> September, 6.30pm at Ramsbury Surgery and the topic is **Preventing Diabetes**. If you are concerned re Diabetes or have recently been diagnosed with Diabetes, you may find this evening of benefit. Due to restrictions on numbers this will be a ticketed event; if you would like to reserve a place please email [ramsburyreception@nhs.net](mailto:ramsburyreception@nhs.net) requesting a FREE ticket. We anticipate this will be a very popular event so please ensure you reserve your ticket as soon as possible to avoid disappointment. Light refreshments will be available prior to the talk.

### Meningitis ACWY

If you are starting a further education course in September (University or College) and are aged between 19-24 years old you are advised to ensure you have had the Meningitis ACWY vaccination. You may have had this vaccination at your GP Surgery whilst in Year 13 but we are aware that many didn't. It is very important that you receive this vaccination before starting further education and mixing with large groups of people. Please book an appointment as soon as possible to ensure you receive the vaccination prior to starting your course.



## Seasonal Flu Vaccinations

Public Health England has recommended the use of an adjuvanted trivalent vaccine for those aged 65 years and over. A quadrivalent vaccine is recommended for children aged 6 months to 2 years and adults from 18 years to less than 65 years of age who are at an increased risk of flu because of a long term health condition. This recommendation will benefit all patients by ensuring you have the most suitable vaccine that will give you the best protection against flu. We anticipate our flu clinics to start towards the end of September as long as the delivery schedule goes to plan.

As in previous years we will be offering the seasonal flu nasal spray to all children Aged 2 or 3. School aged children from Reception Class through to Year 5 will be offered the nasal spray in school. We are unable to offer or provide this to children who are eligible via the school programme. We hope to be in a position to start offering the nasal spray to those children Aged 2 or 3 around the beginning of October.

Flu is a common infectious viral illness which can be very debilitating and linger for many weeks. All GPs recommend those patients who are eligible for a free seasonal flu vaccination take up the opportunity as soon as possible. GPs don't prescribe antibiotics for flu because they won't relieve your symptoms or speed up your recovery.

## Smokefree

All NHS sites in Wiltshire will be smoke free from Tuesday 1<sup>st</sup> January 2019. Helping to protect and improve the health and wellbeing of our patients, staff and visitors. This means that smoking will not be permitted in Ramsbury & Wanborough Surgery, on our grounds or in vehicles located on our site. If you would like support to stop smoking we do offer a smoking cessation service, please ask at reception.

