

Walking Football



Marlborough Leisure Centre

Thursdays: 12pm- 1pm

Starting: 7 September 2017

£2 per session

Walking Football is an adapted, slower paced version of the traditional game suitable for adults aged 50 plus. It's about turning up for an hour of exercise, a bit of fun and aims to help you start or maintain an active lifestyle.

It's everything you know and love about football, without the fear of being too old or too slow!

For more information please contact:

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